



Sri Aurobindo Ashram (Delhi Branch) Trust Society

Sri Aurobindo Lane, Sri Aurobindo Marg, New Delhi-110016

Contact: contact@aurobindoonline.in / 011- 26567863, 26524810

Programs For This Week

TALK BY SHRI RAM BAHADUR RAI

TOPIC: ON UTTARPARA SPEECH

Tuesday, 2nd June 2026, 7:00 pm

Venue: Meditation Hall

MUSIC BY LINTHOI

Thursday, 4th May 2026, 7:00 pm

Venue: Meditation Hall

TALK BY DR. RAMESH BIJLANI

Friday, 5h June 2026, 7:00 pm

Venue: Meditation Hall

CLASS BY DR. APARNA ROY

TOPIC: प्रार्थना और ध्यान (PRAYERS AND MEDITATIONS)

Saturday, 6th June 2026, 5:30 pm

Duration: 1 hour

Mode / Venue: Online Only

To Attend Class Online: Whatsapp Amit Arora (+91-9560088456)

SUNDAY SATSANG

Sunday, 7th June 2026, 10:00 am

Topic: Don't Let the Head Hide the Heart

Speaker: Dr. Ramesh Bijlani

Venue: Meditation Hall

(Before and after the talk, Dr. Mithu Pal will make an offering of devotional music.)

NOTICES

- Daily meditation from 7 pm to 7:30 pm (Monday to Saturday) Venue: Meditation Hall
- **The evening programme will change time to time on important /Darshan days in Ashram**

*In the service of The Mother,
The Ashram Family*